

MANNA AND THE BREAD OF LIFE

Bread is a recurring symbol of life in Scripture because it was the staple food of ancient times. Ground Manna could be baked into Bread; it was also called the Bread of Shamym (Heavens). Soon after the Yasharalites (Israelites) leave Mytsrym (Egypt), hwhy (Yahuah) rains Manna down from the Shamym (Heavens) on a daily basis to provide them with food:

Exodus 16:4 hwhy (Yahuah) said to Moshah (Moses) Bread for you from the Shamym (Heavens), and the p ion, that I may test them, whether they will walk in my Turah or not.

Exodus 16:13-15 In the morning there was a fall of dew about the camp. 14. When the layer of dew lifted, and look, on the surface of the wilderness, lay a fine and flaky substance, as fine as frost on the ground. 15. When the Yasharalites (Israelites) saw it, they said Man (4478; Manna; From Mah; what, how. literally, a whatness (so to speak), i.e. Manna (so called from the question about it) -- Manna.) Hu (1931: he, as for her, himself, it, the same, she herself, such, that)? Moshah (Moses) said to (lechem 3899) which hwhy (Yahuah) has given for food

Scripture is wafer
made with Honey

In short, Manna is not like ordinary bread; it is the Bread of Malkym (Angels), which falls miraculously from Shamym (Heavens) at hwhy

Afterward, [cwhy (Yahusha) and His disciples cross back to the other side of Galilee. When the crowd sees that [cwhy (Yahusha) has left, they follow Him again. [cwhy (Yahusha) takes this moment to teach them a lesson. He accuses the crowd of ignoring His miraculous signs and only following Him for [cwhy (Yahusha) tells them in **John 6:27** labor for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him hwhy (Yahuah) [cwhy (Yahusha) other words, they were so enthralled with the food, they were misSing out on the fact that their Mashiach had come.

So, the Hebrews ask [cwhy (Yahusha) for a sign that He was sent from Alhym (as if the miraculous feeding and the walking across the water [cwhy (Yahusha) h). They tell [cwhy (Yahusha) that hwhy (Yahuah) gave them Manna during the desert wandering. [cwhy (Yahusha) responds by telling them that they need to ask for the true Bread from Shamym (Heavens) that gives life. When they ask [cwhy (Yahusha) for this Bread, [cwhy (Yahusha) Bread of Life; whoever comes to me shall not hunger, and whoever believes in me shall never T [cwhy (Yahusha) This is a phenomenal statement! By equating Himself with Bread, [cwhy (Yahusha) is saying he is essential for life.

The life [cwhy (Yahusha) is referring to is not just speaking about this physical life, but also eternal life. [cwhy (Yahusha) is trying to get the Hebrews thinking off of the physical realm and into the spiritual realm. He is contrasting what He brings as their Mashiach with the Bread He miraculously created the day before. That was physical Bread that perishes. He is Spiritual Bread that brings Eternal Life.

HUNGER AND THIRST

The key is found in another statement [cwhy (Yahusha) made, back in His Sermon on the Mount. **Matthew 5:6**, [cwhy (Yahusha) says, Baruk (Blessed) are those who Hunger and Thirst for Righteousness, for they shall be S [cwhy (Yahusha) says that those who come to Him will never Hunger and those who believe in Him will never Thirst, He is saying He will Satisfy our Hunger and Thirst to be made Righteous in the sight of hwhy (Yahuah).

In the midst of the crowded synagogue in Capernaum, [cwhy (Yahusha) compared Himself to the Manna, the Bread from Shamym (Heavens) [cwhy (Yahusha) Truly, Truly, I say to you, it

Shamym (Haven) gives life to the world. He made a similar offer to the Samaritan woman at the well. He offered her Living Water, saying, "Water that I will give him shall never Thirst; but the Water that I will give him will become in him a well of Water springing up to eternal life." (**John 4:13-14**). The Samaritan woman misunderstood. She thought [cwhy (Yahusha) offered her a literal miracle Water. She said, "Master, give me this Water, so that I will not thirst and I will not come here to draw Water." (**John 4:15**).

The people in the Capernaum synagogue also took [cwhy (Yahusha) as the Heavenly Bread and the people in the Capernaum synagogue did not look beyond the material-physical world.

[cwhy (**John 6:15**) said, "Do not look beyond the material

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Exodus 16:8 And Moshah (Moses) hwhy (Yahuah) gives you in the evening meat to eat and in the morning bread to the full, because hwhy (Yahuah) has heard your grumbling that you grumble against him what are we? Your grumbling is not against us but against hwhy (Yahuah)

Exodus 16:11-12 And hwhy (Yahuah) said to Moshah (Moses), of the people of Yasharal (Israel) morning, you shall be filled with Bread. Then you shall know that I am hwhy (Yahuah) your Alhym

Exodus 16:14-18 And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. **15** When the people of Yasharal (Israel) saw it, they said to one (1) another, Man-Hu Moshah (Moses) read that hwhy (Yahuah) has given you to eat.

Exodus 16:16-18 This is what hwhy (Yahuah) has f you, as much as he can. **17** And Moshah (Moses) said to the people, According to the word of the Lord, each of you has And the people of Yasharal (Israel) did so. They gathered, some more, some less. But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat.

Exodus 16:20-21 But they did not listen to Moshah (Moses). Some left part of it until the morning, and it bred worms and stank. And Moshah (Moses) was angry with them. **21** Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted.

Exodus 16:22-27 On the sixth (6th) day they gathered twice as much bread, two (2) omers each. And when a

as

Exodus 23:25 You shall serve hwhy (Yahuah) your Alhym, and he will Barak (Bless) your Bread and your Water, and I will take sickness away from among you.

Exodus 25:30 And you shall set the Bread of the Presence on the table before me regularly.

Exodus 29:2 And unleavened bread, unleavened cakes mixed with oil, and unleavened wafers smeared with oil. You shall make them of fine wheat flour.

Exodus 29:23 And one (1) loaf of Bread and one (1) cake of Bread made with oil, and one wafer out of the basket of unleavened bread that is before hwhy (Yahuah).

Numbers 11:8-9 The people went about and gathered it and ground it in handmills or beat it in mortars and boiled it in pots and made cakes of it. And the taste of it was like the taste of cakes baked with oil. When the dew fell upon the camp in the night, the Manna fell with it.

Isaiah 30:20 And though hwhy (Yahuah) give you the Bread of Adversity and the Water of Affliction, yet your Teacher will not hide himself anymore, but your eyes shall see your Teacher.
21

turn to the right or when you turn to the left.

Nehemiah 9:20 You gave your good Ruch (Spirit) to instruct them and did not withhold your Manna from their mouth and gave them Water for their thirst.

Deuteronomy 8:3 And he humbled you and let you hunger and fed you with Manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of hwhy (Yahuah).

Deuteronomy 8:14-16 then your heart be lifted up, and you forget hwhy (Yahuah) your Alhym, who brought you out of the land of Mytsrym (Egypt), out of the house of slavery, ¹⁵ who led you through the great and terrifying wilderness, with its fiery serpents and scorpions and thirsty

we ate in Mytsrym (Egypt) that cost nothing, the cucumbers, the melons, the leeks, the onions, and the garlic. ...

Joshua 5:10-12 While the people of Yasharal (Israel) were encamped at Gilgal, they kept Pesach (Passover) on the fourteenth (14th) day of the month in the evening on the plains of Yericho. And the day after the Pesach (Passover), on that very day, they ate of the produce of the land, unleavened cakes and parched grain. And the Manna ceased the day after they ate of the produce of the land. And there was no longer Manna for the people of Yasharal (Israel), but they ate of the fruit of the land of Canaan that year.

Psalms 37:25 I have been young, and now am old, yet I have not seen the Righteous forsaken or his children begging for Bread.

Psalms 78:24-25 And he rained down on them Manna to eat and gave them the grain of Shamym (Heavens). Man ate of the Bread of the Malakym (Angels); he sent them food in abundance.

[cwhy (Yahusha) repeated the miracle of Manna in the Feeding of the 5,000. The crowd following him was in the "wilderness" and he multiplied a few loaves of bread until everyone had eaten their fill.

John 6:4-71 Now Pesach (Passover), the feast of the Hebrews, was at hand. Lifting up his eyes, then, and seeing that a large crowd was coming toward him, [cwhy (Yahusha) said to Philip,

John 6:30-31

What work do you perform? Our fathers ate the Manna in the wilderness; as gave them Bread from Shamym (Heavens)

John 6:32-35 [cwhy (Yahusha)

Moshah (Moses) who gave you the Bread from Shamym (Heavens), but my Father gives you the true bread from Shamym (Heavens). For the bread of hwhy (Yahuah) is he who comes down from Shamym (Heavens) Bread

[cwhy (Yahusha) Bread of life; whoever comes to me shall not Hunger, and whoever believes in me shall never Thirst.

John 6:41 So the Heb Bread that came down from Shamym (Heavens)

John 6:48-51 I am the Bread of life. Your fathers ate the Manna in the wilderness, and they died. This is the Bread that comes down from Shamym (Heavens), so that one may eat of it and not die. I am the living Bread that came down from Shamym (Heavens). If anyone eats of this Bread, he will live forever. And the Bread that I will give for the life of the world is My F

John 6:58 This is the Bread that came down from Shamym (Heavens), not like the Bread the fathers ate and died. Whoever feeds on this B

2 Corinthians 9:10 He who supplies Seed to the Sower and Bread for food will Supply and Multiply your Seed for Sowing and Increase the Harvest of your Righteousness.

Hebrews 9:4 Having the golden altar of incense and the Ark of the Covenant covered on all sides with gold, in which was a golden urn holding the Manna, and Aaron's staff that budded, and the Tablets of the Covenant.

Matthew 4:1-11 Then [cwhy (Yahusha) was led up by the Ruch (Spirit) into the wilderness to be tempted by HaSatan (the devil). And after fasting forty (40) days and forty (40) nights, he was hwhy (Yahuah),

Command these stones to become loaves of B
not live by Bread alone, but by every word that comes from the mouth of hwhy (Yahuah)
Then HaSatan (the devil) took him to the Qadosh (Holy) city and set him on the pinnacle of the temple ...

Matthew 13:33-35 He told them another parable. Shamym (Heaven) is like leaven that a woman took and hid in three (3) measures of flour, till it was

Genesis 18:6 (3)
seahs of fine flour! Knead (to feed the visiting Malkym
(Angels/Messengers)

The purpose of the Manna provision was to help the Yasharalites (Israelites) know hwhy (Yahuah). The same reason the Bread of Life ([cwhy (Yahusha) came, to reunite us back to hwhy (Yahuah) and to establish a closer relationship with him. The wilderness season was an intimate time for hwhy (Yahuah) with His people. So that they would *know* Him. No taskmasters. No distractions of keeping up with daily chores. No demanding bills to pay. Just simple experiences of trust and provision.

Whenever hwhy (Yahuah) provides for us, it is meant to be a tangible revelation of His character. We are wise to regularly consider all His many provisions and reflect on the relationship He is building between us.

As believers, we are instructed to pray for our daily bread (**Matthew 6:11**). We can get so easily caught up in retirements and saving plans (that are good and wise) but at the end of the day, daily bread reminds us who does the real providing for us. Daily Bread reminds us of what is important and purifies our focus in this life.

The Yasharalites (Israelites) were also instructed to rest one (1) day a week. This was for their fruitfulness. Rest requires we trust that hwhy (Yahuah) like a flag-waving over our lives, hwhy (Yahuah) rest too. When we engage in YAH-directed rest, it Sings of our trust too.

Manna was also something that served as a dividing line for the Yasharalites (Israelites). It was new and different, and it hwhy (Yahuah) religious

You shall remember all the way which hwhy (Yahuah) your Alhym has led you in the wilderness these forty (40) years, that He might humble you, testing you, to know what was in your heart, whether you would keep His **Commandments** or not. He humbled you and let you be hungry, and fed you with **Manna** which you did not know, nor did your fathers know, that He might make you understand that man does not live by Bread alone, but man lives by everything that proceeds out of the mouth of hwhy (Yahuah) **Deuteronomy 8:2-3**.

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UNLEAVENED BREAD CONNECTION

To effectively remove Sin and to prevent it from regaining a foothold in our lives, we must do something we must replace our human weaknesses and Sinful tendencies with something far better. And we learn this from hwhy (Yahuah)'s instruction to eat unleavened bread throughout this feast.

What does the unleavened bread represent? [cwhy (Yahusha) Himself explains in **John 6**. As the Feast of Unleavened Bread approached, and shortly after He performed a great miracle to feed thousands (**John 6:4-13**), notice what He told the crowd that followed Him:

"Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you . . . Moshah (Moses) did not give you the Bread from Shamym (Heavens), but My Father gives you the true Bread from Shamym (Heavens). For the Bread of hwhy (Yahuah) is He who comes down from Shamym (Heavens) and gives life to the world . . .

"I am the Bread of Life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst . . . I am the Bread of Life. Your fathers ate the Manna in the wilderness, and are Dead. This is the Bread which comes down from Shamym (Heavens), that one (1) may eat of it and not die.

"I am the Living Bread which came down from Shamym (Heavens). If anyone eats of this Bread, he will live forever; and the Bread that I shall give is My flesh, which I shall give for the life of the world . . . This is the Bread which came down from Shamym (Heavens) not as your fathers ate the Manna, and are Dead. He who eats this Bread will Live Forever" **John 6:27-58**.

Notice the different terms [cwhy (Yahusha) applied to Himself "the True Bread from Shamym (Heavens)," "the Bread of hwhy (Yahuah)," "the Bread of Life" and "the

reflected in part of [cwhy (Yahusha)'s Prayer "Give us this day our daily Bread." Bread was crucial to people, which is why we find it mentioned 366 times throughout Scripture. Enough for each day of the year with some extra to share with your neighbors.

So, what is [cwhy (Yahusha)'s point in calling Himself "the True Bread from Shamym (Heavens)," "the Bread of Hwhy (Yahuah)" and "the Bread of Life"? He's saying that just as physical Bread was essential for physical life, He as the Bread of Hwhy (Yahuah) and the Bread from Shamym (Heavens) and the Bread of Life is essential for our Spiritual and Eternal Life! Without Him we do not have and cannot have Eternal Life!

We see, then, that the Spiritual lesson of Hwhy (Yahuah)'s command to eat unleavened bread during this feast is that if we want to rid our lives of the leaven of Sin and Wickedness, we have to fill our lives with the unleavened Bread of Life, [cwhy (Yahusha) HaMashiach. We have to take Him into our lives.

That means we accept Him as the final authority in our lives. It means we hunger for Him as we hunger for physical food. It means we desire to learn about Him so we can become like Him in every aspect of our lives. It means we study His teachings and example so we can better follow Him as a disciple. It means we make His priorities our priorities. It means taking in and living by the whole of Hwhy (Yahuah)'s Word.

All of this is part of what the Shaul (Paul) meant when he wrote in **Galatians 2:20**: "I am crucified with Mashiach: nevertheless, I live; yet not I, but Mashiach lives in me: and the life which I now live in the flesh I live by the Amunah (Faith) of the Son of hwhy (Yahuah), who loved me, and gave himself for me".

The Feast of Unleavened Bread is certainly a time for rejoicing because He freely gives us the help that we need to leave a life of Sin and to lead a new life. [cwhy (Yahusha) HaMashiach, the Lamb of hwhy (Yahuah), was sacrificed for the forgiveness of our Sins, thus enabling us to be unleavened, cleansed of Sin. And He continues to help us put Sin out of our lives by dwelling in us through the Ruch Ah Qudesh, thereby leading us to regular repentance and empowering us to live in obedience to hwhy (Yahuah).

hwhy (Yahuah) es us to eat unleavened bread during this festival. Why? The answer lies in understanding two (2) passages of Scripture from the Brit HaDashah (NT). In the first (1st), Shaul (Paul) is writing to a Gentile Assembly in Corinth, which never had the knowledge of this festival prior to responding to hearing the good news message. In his first (1st) letter to the Assembly, Shaul (Paul) tells them to keep this festival with a Deeper Spiritual Understanding.

They had a false pride because of Sin, and he told them to remove the Sinner from their fellowship so they could face Spiritual reality. "Therefore, purge out the old leaven, that you may be a new lump, Since, you truly are unleavened. For indeed [cwhy (Yahusha), our Pesach (Passover), was sacrificed for us. Therefore, let us keep the feast, not with old leaven, nor with

the leaven of malice and wickedness, but with the unleavened bread of Sin
Corinthians 5:7-8.

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[cwhy (Yahusha) means forgiveness from the penalty of Sin, Death. Shaul (Paul) was saying that we can't treat it lightly. His teaching is to keep the Feast with the "unleavened Bread of Sin Mashiach in us." One becomes unleavened which is without Sin through Mashiach notice [cwhy (Yahusha) Bread.

Yahukannon (John) account records a long discussion by [cwhy (Yahusha) after he performed a miracle feeding people with Bread and Fish. His real purpose was more than providing a lunch for people. It was to teach a Deeper Spiritual purpose to His life. Physical Bread eaten would not satisfy. There was a Bread from Shamym (Heavens) they needed if they hoped for Eternal L Bread of Hwhy (Yahuah) is he which comes down from [cwhy (Yahusha) said unto them, I hunger; and he that believes